

PERSONAL AWARENESS AND RESPONSIBILITY

- I can show a sense of accomplishment and joy, and express some wants, needs, and preferences. I can sometimes recognize my emotions.
- I can initiate actions that bring me joy and satisfaction and recognize that I play a role in my well-being.
- I can make choices that help me meet my wants and needs and increase my feelings of well-being. I take responsibility for my actions.
- I can recognize my strengths and take responsibility for using strategies to focus, manage stress, and accomplish my goals.
- I recognize my value and advocate for my rights. I take responsibility for my choices, my actions, and my achievements.
- I can identify my strengths and limits, find internal motivation, and act on opportunities for self-growth. I take responsibility for making ethical decisions.

Reflection: