

# Growth & Fixed Mindsets Sorting Activity

Directions: Cut apart the following boxes. Sort them into *Fixed Mindset* statements and *Growth Mindset* statements.

I've always been good at soccer. I don't really need to practice.	If a ball is involved, Alex will excel at it.
I know learning to play an instrument won't be easy, but I am determined to do it.	Math will always be a puzzle to me, no matter how hard I try.
Even though practicing math facts is boring, I am going to do it because I know it will make advanced math concepts easier for me to learn.	The more I read, the better reader I will become.
Today was the first day of football practice, and I stink. I may as well quit.	My brother is the athletic one in the family, and I'm the smart one.
My older brother is a talented musician. If I practice and work hard, someday I can be as talented as he is.	I'll never be able to do a cartwheel.
Write your own fixed mindset statement below.	Write your own growth mindset statement below.

## Fixed Mindset

## Growth Mindset

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Directions: Cut apart the following boxes, sort them into *Fixed Mindset* statements and *Growth Mindset* statements.

## ANSWER KEY

I've always been good at soccer. I don't really need to practice. <b>F</b>	If a ball is involved, Alex will excel at it. <b>F</b>
I know learning to play an instrument won't be easy, but I am determined to do it. <b>G</b>	Math will always be a puzzle to me, no matter how hard I try. <b>F</b>
Even though practicing math facts is boring, I am going to do it because I know it will make advanced math concepts easier for me to learn. <b>G</b>	The more I read, the better reader I will become. <b>G</b>
Today was the first day of football practice, and I stink. I may as well quit. <b>F</b>	My brother is the athletic one in the family, and I'm the smart one. <b>F</b>
My older brother is a talented musician. If I practice and work hard, someday I can be as talented as he is. <b>G</b>	I'll never be able to do a cartwheel. <b>F</b>
Write your own fixed mindset statement below.	Write your own growth mindset statement below.

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**Growth  
Mindset!**



By  
Deb Hanson

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PowerPoint and partner plays!

